

JUNGLE FREAK

Choreographed by Pedro Machado and Bill Lorah

Music by the Jungle Brothers "Freakin' You"

2-wall line dance or contra line

Lunges (*while doing lunges try to look at the person's back side in front of you for styling*)

- 1 Lunge left foot in front of right foot right side at 45 degrees
- & Rock back onto right foot
- 2 Step left foot next to right foot (recover)
- 3 Lunge right foot in front of left foot to left side at 45 degrees
- & Rock back onto left foot
- 4 Step right foot next to left foot (recover)
- 5&6,7& Repeat 1&2,3&
- 8 Touch right foot to right side

Turning Sailors

- 1 Touch right foot forward
- 2 Touch right foot to right side
- 3&4 Sailor step ½ turn to right side ending with a stomp on 4 with right foot forward
- 5 Touch left foot forward
- 6 Touch left foot to left side
- 7&8 Sailor step ½ turn to left side ending with a stomp on 8 with left foot forward

Kick and Roll

- 1&2 Right Kick Ball Step
- 3 Step up with right foot while putting right hand on right knee
- 4 Step down with right foot while rolling hips
- 5&6 Left Kick Ball Step
- 7 Step up with left foot while putting left hand on left knee
- 8 Step down with left foot while rolling hips

Swivels (Skate) and hops

- 1 Step right foot forward and swivel to right side 45 degrees
- 2 Step left foot forward and swivel to left side 45 degrees
- 3-4 Repeat 1-2
- &5 Hop forward while thrusting hips forward and arms back
- &6 Hop back while making a ¼ turn to left side, and thrust arms forward
- &7 Hop forward while thrusting hips forward and arms back
- &8 Hop back while making a ¼ turn to left side, and thrust arms forward

Hop and Shake (*1-4 rub hands up from hips to straight up. 5-8 lower hands down to side*)

- &1 Hop forward
- 2 Hold
- &3 Hop forward
- 4 Hold
- 5-8 Hop forward (4 times)

45 Degree Hops

- 1 Hop both feet forward 45 degrees to right side
- 2 Hop both feet back to center
- 3 Hop both feet forward 45 degrees to left side
- 4 Hop both feet back to center
- 5-8 Repeat 1-4